

## Baking & Pastry Arts Menu / Recipes

Note: This may not be the order in which they prepare the menu.

#### **Biscuits**

## Ingredients

- 360 grams all-purpose flour
- 1 teaspoon salt
- 1 tablespoon baking powder
- 1 tablespoon granulated sugar
- 85 grams butter, room temperature
- 225-250 grams milk

#### Instructions

- Preheat oven to 425 degrees Fahrenheit
- Prepare biscuits using the biscuit mixing method
- Roll dough to thickness of 3/4 inch
- Cut into circles
- Bake at 425 degrees Fahrenheit

## **Cake Decorating**

Each competitor is provided with two 8-inch cake rounds and three pounds of prepared white icing.

## Ingredients

- 3 pounds buttercream icing
- 2 x 8 inch cake rounds

### Instructions

- Fill the cake with white icing.
- Prepare colors and bags.

## Pipe

- White shell border
- Three roses, yellow with green leaves
- Inscription: Congrats!
- Do not comb the sides



## **Chocolate Chip Cookies**

## Ingredients

- 280 grams flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 225 grams butter
- 150 grams packed brown sugar
- 150 grams granulated sugar
- 1 egg
- 1 teaspoon vanilla
- 320 grams chocolate chips

### Instructions

- Preheat oven to 375 degrees Fahrenheit
- Mix flour, baking soda, salt and set aside
- Combine butter and sugar, cream lightly
- Add egg and vanilla
- Add flour mixture
- Add chocolate chips
- Drop cookies onto parchment-lined sheet pans for baking
- Bake at 375 degrees



## **Dutch Apple Pie**

#### Pie Crust

### Ingredients

- 120 grams all-purpose Flour
- 1/4 teaspoon salt
- 110 grams butter, cold
- 15-30 grams cold water

#### Instructions

- Add flour and salt into a mixing bowl.
- Add butter, cut into flour until pea-size.
- Gradually add the water.
- Do not overwork the dough.
- Form into a ball. Wrap and chill.

## **Filling**

## Ingredients

- 900 grams apples, peeled, cored, sliced
- 150 grams granulated sugar
- 30 grams all-purpose flour
- 1 teaspoon cinnamon
- 1/4 teaspoon nutmeg

<sup>\*\*</sup>Continued on next page.

## **Dutch Apple Pie (continued)**

#### Instructions

- Preheat oven to 425 degrees Fahrenheit
- Roll out the bottom crust.
- Combine the first six ingredients for filling.
- Place into the bottom crust.

## **Topping**

### Ingredients

- 120 grams all-purpose flour
- 90 grams brown sugar, packed
- 110 grams butter, cold

### Instructions

- Combine flour and sugar.
- Cut butter in small pieces and incorporate until the mixture is crumbly.
- Place topping on top of filling and bake at 425 degrees F for 15 minutes, then reduce to 350 degrees for additional 30 minutes or until golden brown.